



Maritime Training Services



 **MTS**
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Access Control: Threat Awareness and Prevention
Throughout maritime history, there have been those who attempt to board ships and boats illegally. This video focuses on how you and your crew can become more aware of the potential for these situations, improve the efficiency of your on-board security team, and take proactive steps to prevent unauthorized access to your vessel.

Subtitles: ENG, SPA
Item no: DVD0-18
Length: 14 minutes



Anger Management
Regardless of a crew member's position, everyone can be prone to frustrated outbursts. This video teaches your crew several ways to identify and manage anger when it raises its ugly head.

Item no: DVD0-136
Length: 6 minutes



ARPA - Basic Principles CBT
This 30-minute, computer based training program (CBT) is an introduction to the basic principles of the Automatic Radar Plotting Aid (ARPA). Learn how this important maritime navigation tool facilitates safe watch-keeping and collision avoidance. Officers who use ARPA properly and know the capabilities and limits of the equipment are valuable members of the bridge team. This CBT includes video clips, test questions, images, and detailed slides.

Item no: CBT0-02



Back Care and Strength Building: Move Right and Stay Safe

One out of every five working seafarers sustains a back injury on the job, and 90% of lost-time claims in the maritime industry are related to back problems. This video focuses on how you can prevent many or most of these injuries by practicing simple, proven methods of stretching, building strength, improving posture, and working more safely.

Subtitles: ENG, SPA
Item no: DVD0-53
Length: 18 minutes



Ballast Water Management
Improper ballast water discharge contributes to the spread of invasive species around the world and leads to significant health risks, environmental damage, and economic costs. Learn how to comply with the latest regulations by identifying and implementing approved ballast water procedures. Failure to comply can lead to detention by Port State Control, invalidation of certificates, and fines.

Subtitles: CHI, ENG, FRE, SPA
Item no: DVD0-57
Length: 14 minutes



Ballast Water Management Convention CBT

The IMO Ballast Water Management (BWM) Convention entered into force in September 2017. It's critical you understand the new regulations and why they were put in place.

In this program, you'll learn about the key provisions from the convention, including Ballast Water Exchange Standards and Performance Standards.

Item no: CBT0-11
Length: 25 minutes



Basic Firefighting: Lives on the Line
Fighting fires on ships requires special knowledge, training, and skills. This video outlines the STCW's eight essential steps in basic firefighting and reinforces the importance of conducting on-board firefighting drills. Interviews with maritime fire safety experts and amazing footage from the "Fire Dragon" simulator ensure that you and your crew will be prepared when lives are on the line.

Subtitles: ENG, FRE, IDN, SPA
Item no: DVD0-46
Length: 13 minutes



Basic Hygiene and Sanitation CBT

Anytime we're in contact with everyday objects we may unintentionally pickup or spread illness which can lead to unexpected downtime or even a disaster at sea. In this program, you'll learn the most important methods for preventing the spread of communicable diseases as well as how to properly respond during an outbreak.

Item no: CBT0-15
Length: 15 minutes



Behavior Based Safety
We rely on knowledge and experience to help us properly perform tasks, but executing tasks in an incorrect manner leads to unsafe behavioral patterns. Safety training focused on breaking these dangerous patterns helps us perform tasks in the correct way and creates patterns of behavior rooted in safety. Learn how improving training methods and changing our mindset before undertaking a task makes safe behaviors part of our work culture.

Subtitles: CHI, ENG, SPA
Item no: DVD0-97
Length: 10 minutes

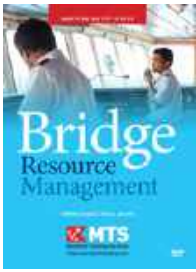


Benzene

Benzene teaches your crew about Benzene Safety. Learn what it is, why its dangerous, what the symptoms and consequences of exposure are, and how best to protect yourself.

Item no: DVD0-146
Length: 12 minutes

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**Bridge Resource Management**

Bridge Resource Management (BRM) is a system of performing bridge tasks in which crews behave in an efficient and team-oriented manner, maintaining awareness of the situation and its potential outcomes at all times.

Subtitles: CHI, ENG, SPA
Item no: DVD0-75
Length: 22 minutes

**Bulk Carriers: An Introduction**

The use of increasingly efficient bulk carriers has lowered the price of consumer goods around the world, lifting millions of people out of poverty. Bulk carriers are critical to our global economy, without them our world would be unrecognizable.

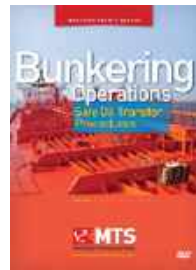
This short video builds pride and awareness in your crew for the critical role they play in keeping factories running and food on the table for families around the world.

Item no: OD0-012
Length: 4 minutes

**Bunker Spill**

"Bunker Spill" delves into a case study based on an actual incident that resulted from non-compliance with company SMS procedures.

Item no: DVD0-132
Length: 5 minutes

**Bunkering Operations: Safe Oil Transfer Procedures**

It's vitally important that your crew knows how to transfer fuel oil to your vessel's bunkers safely, cleanly, and legally. This video covers all of the important compliance-related, procedural, and practical aspects of the bunkering process. You and your crew will walk through the specific steps involved in performing a safe, efficient oil transfer on your ship.

Subtitles: ENG, FRE, SPA
Item no: DVD0-01
Length: 20 minutes

**Burn Injury to Engineer**

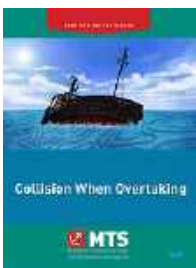
Burn Injury to Engineer delves into a real-world incident that resulted from complacency. An engineer is horribly burned, due to not verifying systems were safe before working.

Item no: DVD0-138
Length: 4 minutes

**Cold Weather Precautions CBT**

Seafarers work in varying degrees of weather conditions and when the temperature drops it's critical they're ready for the dangers it presents. By following the simple steps in this program, you and your crew will be better prepared to handle the unique challenges of cold weather.

Item no: CBT0-14
Length: 15 minutes

**Collision When Overtaking**

"Collision when Overtaking" delves into a case study based on an actual incident that resulted from two ships failing to comply with COLREGS while overtaking.

Item no: DVD0-133
Length: 4 minutes

**Collision with a Fishing Vessel**

This reflective learning case study video is based on the experiences of the UK P&I Club. In this video, you'll see a collision between a fishing vessel and bulker, along with the factors that led to it. You'll learn best practices for preventing a collision such as maintaining a high state of alertness, using appropriate watch-keeping arrangements, reducing speed, and using sound signals and proper communication.

Item no: OD0-009
Length: 4 minutes

**COLREGs and Best Navigational Practices CBT**

The International Regulations for Preventing Collisions at Sea 1972 (COLREGs) set out, among other things, the "rules of the road" or navigation rules to be followed by ships and other vessels at sea to prevent collisions. This training program is an overview of best navigational practices as they relate to COLREGs, including passage planning, bridge manning and watchkeeping, collision avoidance measures, communicating with the master, and working with pilots.

Item no: CBT0-09
Length: 30 minutes

**Common Maritime Security Threats**

This short video builds awareness for the 6 most common maritime security threats: piracy, armed robbery, terrorism, smuggling, cargo theft, and collateral damage.

Use this program as a reflective-learning tool to prompt your seafarers to identify the specific maritime security threats they face on your vessels.

Item no: OD0-003
Length: 3 minutes

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**Concentration**

This video teaches your crew about how to overcome barriers that may prevent them from appropriately concentrating at sea.

Subtitles: CHI, ENG, SPA
Item no: DVD0-141
Length: 12 minutes

**Confined Space Entry**

Confined space entry (CSE) is still a major source of maritime industry fatalities. Learn about new CSE rescue drill requirements, and how to identify and measure hazardous atmospheres through the test and use of monitors.

Subtitles: CHI, ENG, IDN, SPA
Item no: DVD0-73
Length: 8 minutes

**Conflict Management**

Disagreements are a natural part of all interpersonal relationships but it's how we manage and resolve these conflicts that determines whether we have healthy relationships or not.

In this video, you'll learn how to handle conflict in a professional manner so future interactions with fellow crew members are productive.

Item no: OD0-005
Length: 3 minutes

**Container Lashing and De-Lashing: Safety First!**

Improper lashing or de-lashing on container ships can lead to personal injury and property damage. This video focuses on all of the key safety concerns and practices related to lashing cargo containers to the deck of your ship. Improve your lashing skills and minimize the risk of harm to yourself and your coworkers.

Subtitles: CHI, ENG
Item no: DVD0-28
Length: 12 minutes

**Container Yard Forklift Safety**

Learn about the importance of safe container handling, common types of trucks, lifts, and attachments used in forklift operations, how to calculate combined center of gravity, and how to safely adjust your work plan for extreme weather conditions.

Subtitles: ENG, SPA
Item no: DVD0-80
Length: 17 minutes

**Crane & Rigging Safety for the Maritime Industry**

When used properly, cranes provide a safe, fast and reliable way to provision, fuel and repair vessels. Serious injuries or fatalities can occur if crane operators and deck crews fail to follow proper procedures. In this video, your crew receives an overview of common types of cranes used in the maritime industry, and learns about safe working limits, hand signals, organizing a successful lift, and the importance of proper maintenance & inspection.

Subtitles: CHI, ENG, SPA
Item no: DVD0-78
Length: 16 minutes

**Creating a Strong Safety Culture**

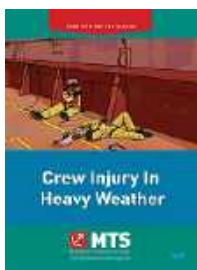
This video teaches your crew the value of creating and maintaining a strong safety culture. Follow Thomas, a stevedore, throughout a workday that ends in a tragic accident.

Item no: DVD0-143
Length: 13 minutes

**Crew Endurance: Live Better, Perform Your Best**

Fatigue in the workplace can be very dangerous and potentially fatal, and this is especially true in the maritime industry. Understand, recognize, and address the factors that affect safe workplace performance aboard your vessel. Learn how to manage stress and individual risks, and mitigate the adverse effects of environmental conditions.

Item no: DVD0-29
Length: 31 minutes

**Crew Injury in Heavy Weather**

"Crew Injury in Heavy Weather" delves into a case study based on an actual incident that resulted from poor decision making to authorize work in heavy weather.

Item no: DVD0-134
Length: 4 minutes

**Cyber Security**

Networks and satellite systems are vital to vessel operations and shore based services. Digital records, communications, and vessel data are now vulnerable to criminal manipulation via cyber attacks. Attacks have left ships sitting idle in port for days, targeted vessels carrying valuable cargo, and disabled satellite communications while at sea. Learn about cyber threats to the maritime industry and what you can do to detect and prevent them.

Subtitles: CHI, ENG, SPA
Item no: DVD0-99
Length: 11 minutes

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**Cyber Security CBT**

Networks and satellite systems are vital to vessel operations and shore based services. Cyber attacks have left ships sitting idle in port for days, targeted vessels carrying valuable cargo, and disabled satellite communications while at sea. These dangerous breaches have given rise to the need for cyber security. In this CBT, you'll learn about cyber threats to the maritime industry and what you can do to detect and prevent them.

Item no: CBT0-04

**Death of a Bosun**

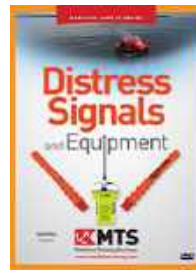
This reflective learning case study video is based on the experiences of the UK P&I Club. In this video, you'll see a bosun get struck by an electrical hoist winch, along with the factors that led to it. You'll understand best practices to prevent similar incidents, including ensuring proper communication and adequate supervision of drills, utilizing electrical cut-outs / LOTO procedures, and developing planned maintenance systems and instructions for inspections.

Item no: OD0-008
Length: 3 minutes

**Deckhand Orientation**

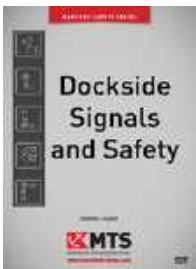
Prior to getting underway for the first time on a particular towing vessel, each crew member must receive a safety orientation. Workboat operators must provide hazard awareness training on threats to life, property and the environment. Learn about lifesaving equipment and PPE used by deckhands, important emergency procedures, and the dangers specific to making and breaking tow.

Subtitles: ENG, SPA
Item no: DVD0-93
Length: 8 minutes

**Distress Signals and Equipment**

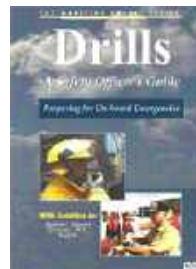
A disaster at sea is every mariner's nightmare. How quickly help arrives depends on how quickly you are found, and distress signals are designed to make you seen and heard. Learn the different types of distress signals to determine the best type of signal to use based on conditions, and how to use pyrotechnic signals safely through drills.

Subtitles: CHI, ENG
Item no: DVD0-69
Length: 12 minutes

**Dockside Signals and Safety**

An alert and competent Dock Signal Person helps the Crane Operator safely manage cargo operations and vehicle traffic. Learn how common dockside hand signals and use of radio direct the Crane Operator in safe loading and unloading from the ship to the chassis or bombcart.

Subtitles: ENG
Item no: DVD0-94
Length: 8 minutes

**Drills: Preparing for On-Board Emergencies**

Conducting shipboard drills at appropriate intervals is a vital part of training your crew in the safe and efficient operation of your vessel. In this video, you'll learn how planning and running realistic on-board drills prepares crew members to respond effectively to a wide range of emergencies that can occur at sea or in port (including oil spills).

Subtitles: CHI, ENG, PER, SPA
Item no: DVD0-16
Length: 14 minutes

**Drug and Alcohol Prevention**

The challenges and harsh realities of life at sea lead some seafarers to abuse drugs and alcohol, and also smuggle illegal substances. This video focuses on the prevention of substance abuse issues on ships, awareness of warning signs that shipmates should watch for, and the best ways to respond to drug and alcohol-related or smuggling problems.

Subtitles: ENG, FRE, IDN, SPA
Item no: DVD0-59
Length: 18 minutes

**ECDIS**

For centuries, seafarers relied on paper charts for safe navigation. Advances in technology and improved knowledge of the sea have made the Electronic Chart Display and Information System, or ECDIS, the new navigational standard. In this video, you'll learn the basics of ECDIS, including digital charts, IMO requirements, passage planning, configuring safety contour depth, and the dangers of relying solely on ECDIS.

Subtitles: CHI, ENG, IDN, SPA
Item no: DVD0-87
Length: 12 minutes

**Effective Communication: Active Listening and Assertive Speaking**

Learn how mastering techniques for active listening and speaking to communicate more effectively aboard your ship will improve your crew's safety and performance. This second installment in a three-part series addresses understanding nonverbal cues and practicing assertiveness.

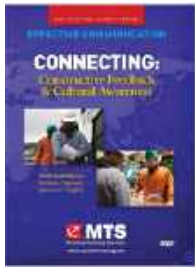
Subtitles: ENG, JAP, RUS, SPA
Item no: DVD0-42
Length: 15 minutes

**Effective Communication: Better Body Language and Behavior**

Learn how to use efficient body language and speaking techniques to minimize seafaring incidents caused by human error. Recognize and overcome verbal and nonverbal idiosyncrasies that inhibit clear communication on your ship. This is the first installment in a three-part series.

Subtitles: ENG, JAP, RUS, SPA
Item no: DVD0-40
Length: 15 minutes

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Effective Communication: Constructive Feedback and Cultural Awareness

This video addresses learning and practicing basic English (specifically Maritime English), knowing the steps you can take to improve your skills, and using positive feedback in the workplace. This is the final installment in a three-part series.

Subtitles: ENG, JAP, RUS, SPA
Item no: DVD0-41
Length: 15 minutes



Electrical Safety CBT

This 30-minute, computer based training program (CBT) is an introduction to electrical systems used on board vessels. Learn how to safely work around high voltage and in designated hazardous areas, review safe testing protocols, and see what to do in the event of an electrical accident.

Item no: CBT0-03



Electrical Safety on Ships: Generation & Distribution Systems

Review the fundamentals of Generation and Distribution Systems.

Item no: CBT0-22
Length: 30 minutes



Electrical Safety on Ships: High Voltage Safety & Hazardous Area Safety

Review the fundamentals of High Voltage Safety and Hazardous Area Safety.

Item no: CBT0-23
Length: 30 minutes



Electrical Safety on Ships: Safety Testing Protocol & Personal Safety

Review the fundamentals of Electrical Testing and Personal Safety.

Item no: CBT0-24
Length: 30 minutes



Electricity: Fundamentals & Terms CBT

Electricity has become so integrated into our lives that today's seafarers need to be reminded that when unmanaged it can have disastrous results, especially when at sea.

In this short program, you'll learn the fundamentals and terms of electricity.

Item no: CBT0-17
Length: 12 minutes



Electricity: Safety at Sea

It's no surprise that electrical hazards increase significantly at sea. Today's ships are extremely reliant on electrical systems and it's increasingly important to learn how to mitigate the risk of electric shock at sea.

In this video, you'll learn the basics of identifying and mitigating electrical hazards at sea.

Item no: DVD0-127
Length: 5 minutes



Enclosed Space Entry Fatality

This video delves into a real-world incident that resulted from not following procedures. An improperly completed permit to work and an inefficient rescue process result in the death of a seafarer.

Item no: DVD0-144
Length: 5 minutes



Enclosed Space Entry: Hazard Awareness

Entering an enclosed space is a life-threatening operation and accidents are often caused by insufficient knowledge of the unique dangers they pose. In this video, you'll learn how to use confined space ventilation and personal protective equipment (PPE) and how to minimize exposure to toxic fumes.

Item no: DVD0-126
Length: 13 minutes

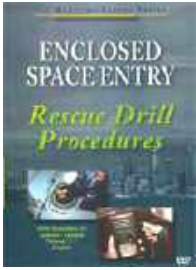


Enclosed Space Entry: Preparations & Rescue

Review safe entry procedures for enclosed spaces, and how to prepare for an expedient rescue should something go wrong.

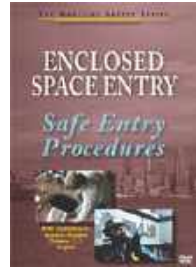
Item no: DVD0-135
Length: 15 minutes

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**Enclosed Space Entry: Rescue Drill Procedures**

If an accident occurs on your ship, you'll need a quick and reliable rescue. Witness an actual crew perform an efficient rescue drill using the appropriate protective gear and rescue equipment. Proper training reduces the risk of injury to anyone involved in an on-board rescue.

Subtitles: CHI, ENG, SPA
Item no: DVD0-27
Length: 8 minutes

**Enclosed Space Entry: Safe Entry Procedures**

Whenever it's necessary to work in an enclosed space, a safe entry is a great start. This video focuses on the key elements of safe entries, including the roles that individual team members play. Get a detailed look at specialized equipment that's used for enclosed space entries, and learn about preparations that can help ensure a safe, effective entry.

Subtitles: CHI, ENG, SPA
Item no: DVD0-26
Length: 14 minutes

**Engine Maintenance: Connection Rod Bottom End**

Investigations into cases of auxiliary engine damage highlight "Human Error" as the main cause with the majority of all damage taking place immediately after maintenance work.

This video gives your crew an overview of how to ensure that maintenance work is done properly and safely, to keep the components tight until the next overhaul.

Item no: DVD0-130
Length: 13 minutes

**Engine Room Resource Management**

Engine Room Resource Management (ERM) is a system of achieving safe engineering operations by proactively managing personnel, equipment, and information. Review the team roles, human factors, and situational awareness required to implement a proper ERM program, and learn how good ERM practices save vessels.

Subtitles: CHI, ENG, SPA
Item no: DVD0-101
Length: 15 minutes

**Environmental Awareness CBT**

In this 30-minute, computer based training program (CBT), your crew learns about MARPOL, housekeeping tips to reduce energy consumption, and how to reduce garbage through practical tips such as proper waste segregation. This CBT includes video clips, test questions, images, detailed slides and a certificate of completion.

Item no: CBT0-01

**Environmental Awareness: What You Can Do!**

This video provides mariners with information about important industry rules and day-to-day practices that can reduce a ship's environmental impact. Good stewardship of the oceans starts with good training, and every seafarer can make a difference.

Subtitles: ENG, FRE, SPA
Item no: DVD0-45
Length: 12 minutes

**Ergonomics for the Maritime Industry**

In a maritime environment, personal injuries can occur in a split-second, or are the result of repetitive tasks that are improperly performed. Ergonomics is the study of efficiency between workers and their environment, and how to make them interact safely. A mindful approach to your work paired with correct ergonomic technique minimizes the risk of both short and long term injury.

Subtitles: CHI, ENG, SPA
Item no: DVD0-96
Length: 12 minutes

**Exhaust Gas Scrubbers & Caustic Soda Safety**

An exhaust gas scrubber (EGS) is an air pollution control device used to eliminate either particulates or gases, or sometimes both, from industrial exhaust streams. In this course receive an orientation on how EGS works and understand why they are important to the maritime industry.

Item no: DVD0-115
Length: 15 minutes

**Explosives! Search and Response Procedures**

If you suspect there's an explosive device on your ship, it's critical that you and your crew know how to search for the device safely and efficiently and that you know what to do if you find it. Address the threats posed by shipboard explosives and learn the security measures you can take to counter terrorism on your vessel.

Subtitles: CHI, ENG, SPA
Item no: DVD0-19
Length: 9 minutes

**Eye Injury to Fitter**

Eye Injury to Fitter delves into a real-world incident that resulted from the improper use of equipment. A fitter using a grinder improperly swaps out components and loses his eye as a result.

Item no: DVD0-137
Length: 4 minutes

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**Fall from a Generator Platform**

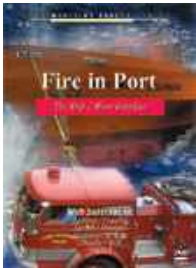
This reflective learning case study video is based on the experiences of the UK P&I Club. In this video you'll see an engineer fall from a generator platform, along with the factors that led to it. You'll learn best practices to prevent similar incidents, including conducting on-site risk assessments, installation of both top and intermediate guard-rails, and always wearing the proper PPE.

Item no: OD0-010
Length: 3 minutes

**Fire Drill! Prevent, Prepare, Practice**

You need to be confident that the firefighting team on your vessel is truly prepared to confront a fire. The best way to achieve this level of readiness is to plan and conduct fire drills on a regular basis. With the assistance of the U.S. Coast Guard, this essential video covers subjects ranging from causes of fires to firefighting procedures.

Subtitles: CHI, ENG, FRE, SPA
Item no: DVD0-10
Length: 23 minutes

**Fire in Port: The Ship/Shore Interface**

Get the most out of your crew's firefighting training and abilities. Learn the importance of communicating with the port during a fire on board, developing a specific procedure for fighting a fire while your vessel is moored, and understanding the differences between at-sea firefighting and in-port firefighting.

Subtitles: CHI, ENG, FRE, JAP, SPA
Item no: DVD0-11
Length: 17 minutes

**Firefighting & Fire Prevention**

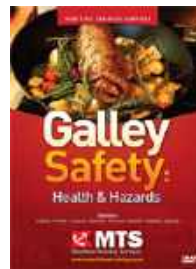
A fire at sea is every seafarer's nightmare. With no escape, your only option is to face the fire head on. Preventing a fire from starting is the goal, but if that fails, lives depend on your know-how. In this video, you'll learn how fires start and spread, and how to fight them safely and quickly.

Subtitles: CHI, ENG, SPA
Item no: DVD0-110
Length: 15 minutes

**First Aid & Bloodborne Pathogens**

Timely response to on-the-job injuries like cuts, burns, and fractures is critical. See basic first aid techniques performed, learn who on board should provide what level of care, and how to prevent exposure to bloodborne pathogens.

Subtitles: ENG, IDN
Item no: DVD0-72
Length: 15 minutes

**Galley Safety: Health & Hazards**

The galley is as indispensable to a ship as the kitchen is to a home. Learn the safety precautions that all galley workers should practice, including wearing the proper attire and using the correct equipment for specific jobs. Understand the "danger zone" and the importance of adhering to the "first in, first out" system.

Subtitles: ENG, FRE, IDN, RUS, SPA, TAG
Item no: DVD0-49
Length: 21 minutes

**Garbage Management Plan**

Our oceans are polluted with over 100 million tons of plastic debris. To combat this problem, MARPOL added two annexes targeted at removing waste pollution caused by vessels. Learn how MARPOL annexes IV and V govern waste collection and disposal, how to create and comply with a garbage management plan, and how to properly fill out a garbage record book.

Subtitles: CHI, ENG, SPA
Item no: DVD0-98
Length: 9 minutes

**General Security Techniques CBT**

Shipboard security is all about risk management and threat mitigation. This program addresses ISPS & STCW requirements and provides a basic overview of common maritime security threats, search techniques and recognizing suspicious behavior.

Item no: CBT0-05
Length: 20 minutes

**Hammerhead Crane Introduction**

Crane Operator is one of the most critical jobs on the waterfront. Worker safety, as well as production and vessel sailing schedules all depend on an alert, reliable, and competent Crane Operator. In this video, you'll learn the structural and operational basics for the Cantilevered Container Gantry, or Hammerhead Crane, and the Rubber-Tired Gantry Crane, or Transtainer.

Subtitles: ENG
Item no: DVD0-89
Length: 12 minutes

**Hammerhead Crane Operational Scenarios**

Crane Operators are responsible for making split-second decisions. If the wrong decision is made, it has deadly and permanent consequences. Understanding simple best practices and building awareness for common issues helps operators prevent most incidents and accidents. In this video, you'll learn about typical scenarios Crane Operators face, such as a stuck cone, dropped container, failed lock light, and inadvertent lifts.

Subtitles: ENG
Item no: DVD0-90
Length: 14 minutes

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**Hand Safety Awareness**

Our hands are vitally important tools, but they can become risk management nightmares when exposed to hazardous, uncontrolled environments. Simple procedures can greatly mitigate these risks, like knowing the correct PPE and understanding when and where to use it. Gain awareness of how hand injuries occur and learn simple prevention techniques.

Subtitles: ENG, SPA
Item no: DVD0-63
Length: 12 minutes

**Handling the Media**

When it comes to handling the media during emergencies knowing what to do is just as important as knowing what NOT to do.

In this program, you'll learn simple steps to protect your company's reputation, how to respond to inquiries professionally, and methods for focusing your crew on dealing with the incident and not becoming the source of the story.

Item no: DVD0-119
Length: 3 minutes

**Harassment and Bullying Prevention**

The difficulties of working at sea (seasickness, fatigue, separation from home and living in close quarters) make it hard to maintain a positive work environment. In this program, you will learn the definitions of harassment, bullying, and a hostile work environment as well as the steps required to minimize and prevent them.

Item no: OD0-011
Length: 8 minutes

**Hazard Awareness: General Advice**

This video is based on the safety tips outlined in the Maritime & Coastguard Agency's (MCA) Code of Safe Working Practices for Merchant Seafarers; specifically Chapter 11.13 "General Advice to Seafarers". In this video, you'll learn about communicating basic safety precautions, see tripping hazards, review the benefits of basic housekeeping including cleaning up spills, treating slippery areas, and removing obstructions.

Item no: OD0-007
Length: 2 minutes

**Hazard Communication**

The Globally Harmonized System (GHS) provides a consistent method for classifying chemicals and communicating hazard information. As maritime professionals, it is our duty to ensure crews are trained in these new standards. Learn the basics of GHS including an explanation for why HazCom is important, the 6 standard elements found on warning labels, and the 16 sections of a Safety Data Sheet.

Subtitles: ENG, SPA
Item no: DVD0-62
Length: 15 minutes

**Hearing Conservation**

Hearing loss is one of the most common and preventable injuries in the maritime industry. Unfortunately, it is often ignored because it develops over time. Learn about different types of hearing protection and the basic precautions required to prevent permanent hearing damage.

Subtitles: CHI, ENG
Item no: DVD0-74
Length: 12 minutes

**Heat Exposure Precautions CBT**

Whether you work on the deck, below in the engine room, or in the galley, knowing how to protect yourself from extreme heat and humidity will help you avoid injury and even death. In this video, you'll learn basic precautions to minimize heat exposure and illness.

Item no: CBT0-13
Length: 12 minutes

**Hot Work & Fire Watch**

Vessel repairs are unavoidable, and seafarers are relied upon to perform maintenance to keep the ship functional. This often requires hot work like welding, cutting, brazing, or soldering. Hot work is dangerous and requires special precautions to keep your crew safe. Learn how to obtain and fill out a hot work permit, how to prepare an area for hot work, the importance of the role of the Fire Watch, and tips on how to stay safe during the process.

Subtitles: CHI, ENG, SPA
Item no: DVD0-105
Length: 11 minutes

**Housekeeping**

When on board a vessel, your living and working quarters are the same, so standards for cleanliness are high. An overloaded shelf, abandoned hose, or oil spilled on the deck can be disastrous. Bad housekeeping isn't just poor seamanship - it's a serious safety risk to you and your crew. Learn how to improve worker safety and reduce injuries by creating a targeted housekeeping program.

Subtitles: CHI, ENG, SPA
Item no: DVD0-104
Length: 10 minutes

**Hydrogen Sulfide (H2S) Safety**

Hydrogen Sulfide (H₂S) gas is invisible to the human eye. It is corrosive, flammable in high concentrations, and extremely toxic. Maritime personnel need to be especially aware of the dangers posed by H₂S, whether working on board a product tanker or moving crude oil. Learn about the chemical properties and hazards of Hydrogen Sulfide, how to minimize exposure with proper monitoring and PPE, and the correct procedures to follow if you detect H₂S.

Subtitles: CHI, ENG, SPA
Item no: DVD0-111
Length: 14 minutes

Courses Produced by Maritime Training Services

**Immersion Suit Training**

Knowing how to properly and quickly don a suit dramatically increases the chance of survival. Your crew is seven times more likely to survive an emergency at sea if they are wearing an immersion suit. In this program, you'll learn the dangers of hypothermia and how to properly don, store, maintain, and inspect immersion suits.

Item no: DVD0-121
Length: 10 minutes

**IMO 2020 Sulphur Cap: Regulations & Implications CBT**

In this module, we cover the history of the restricting sulphur cap, several solutions for compliance as well as the complications that go with each solution, and what the consequences of non-compliance could be.

Item no: CBT-19
Length: 25 minutes

**Incident Investigation: Case Study Video**

Have your crew reflect on what it takes to conduct a thorough investigation and develop recommendations that effectively address real root-causes.

Item no: DVD0-145
Length: 12 minutes

**Incident Investigation: Fundamentals**

Teach your crew the fundamental procedures of an incident investigation.

Item no: CBT0-25
Length: 35 minutes

**Inert Gas**

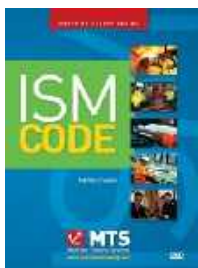
Fires and explosions caused by flammable vapors are a serious threat onboard tankers. An inert gas system reduces oxygen in a cargo tank to a level that will not support combustion. Learn about safe handling of inert gases and why having a proper inert gas system onboard a tanker is critical.

Subtitles: CHI, ENG, SPA
Item no: DVD0-95
Length: 9 minutes

**Inland Vessel & Barge Familiarization**

The inland waterways contain over 25,000 miles of navigable waters and help transport 600 million tons of cargo every year. It is important for seafarers to understand the layouts and equipment specific to towing vessels before beginning their work. Learn about the different types of vessels found on the inland waterways, their purposes and layouts, and how to protect yourself during deck operations with proper PPE and emergency equipment.

Subtitles: CHI, ENG, SPA
Item no: DVD0-112
Length: 13 minutes

**International Safety Management Code**

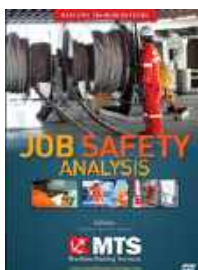
The International Safety Management (ISM) Code is an international standard to ensure safety, prevent injury, and avoid damage to the environment. ISM requires companies to establish Safety Management Systems (SMS) and provide necessary resources to implement key safety management objectives.

Subtitles: CHI, ENG, SPA
Item no: DVD0-65
Length: 12 minutes

**ISPS Code**

The International Ship and Port Facility Security Code (ISPS Code) is a comprehensive set of measures to enhance the security of ships and port facilities, developed in response to the perceived threats to ships and port facilities in the wake of the 9/11 attacks in the United States.

Subtitles: ENG, IDN
Item no: DVD0-67
Length: 12 minutes

**Job Safety Analysis**

A job safety analysis (JSA) looks very different from one job site to another. However, all JSAs share three key components: identifying a job's steps, recognizing the potential dangers of each step, and determining how best to avoid those dangers. This video covers the entire JSA process and highlights what you need to know to make your job easier, safer, and more efficient.

Subtitles: ENG, SPA
Item no: DVD0-54
Length: 18 minutes

**Ladder Safety**

It's easy to forget the dangers ladders present, especially for mariners who use them so frequently. Vessels roll and pitch, and surfaces become slippery from bad weather and chemicals. Failure to use proper safety equipment causes lost time injuries that are preventable. In this video, you'll learn simple best practices that will reduce your crew's exposure to ladder-related accidents.

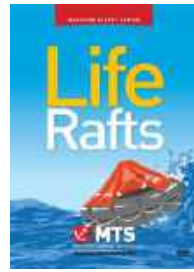
Subtitles: CHI, ENG, SPA
Item no: DVD0-84
Length: 9 minutes

Courses Produced by Maritime Training Services

**Leadership, Teamwork & Managerial Skills**

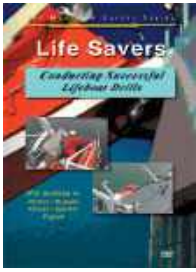
As a vessel must be steered to move in the right direction, a team must be led. At the helm of every successful crew is a competent leader who skillfully manages their personnel, vessel operations, and equipment. Learn how to strengthen your leadership abilities while balancing the needs of your superiors and crew.

Subtitles: CHI, ENG, SPA
Item no: DVD0-109
Length: 10 minutes

**Life Rafts**

The International Convention for the Safety of Life at Sea (SOLAS) sets requirements for the procedures, testing, and use of inflatable life rafts. Learn about these requirements, as well as how to launch the life raft, how to board it, and how best to keep yourself safe until help arrives.

Subtitles: CHI, ENG
Item no: DVD0-68
Length: 9 minutes

**Lifeboat Drills**

Ten percent of all maritime casualties occur during lifeboat drills. With proper training and the precise execution of lifeboat drills, you can make sure that your crew isn't part of this statistic. You'll see how knowing what to do during lifeboat operations significantly minimizes the chances of crew injuries, both during drills and in an actual emergency.

Subtitles: ENG, KOR, PER, RUS, SPA
Item no: DVD0-37
Length: 10 minutes

**Line Handling: Workboats**

Broken hands, crushed limbs, and even lost their lives are the result of improper line handling. It is vital to ensure Deckhands are aware of changes in angles, pressure points from the lines, vulnerability of fixtures, and weather conditions. In this video, learn about how different towing techniques affect line handling operations, how to working safely with lines, equipment and line maintenance, and the importance of communication throughout.

Item no: OD0-001
Length: 6 minutes

**Liquefaction Prevention**

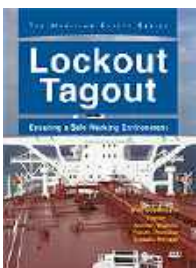
This CBT teaches your crew the fundamentals of liquefaction. Make sure that cargo that could liquefy never makes it on board.

Item no: CBT0-26
Length: 30 minutes

**Living On Board**

Seafaring has its advantages and challenges, like any career. Learning new skills, building friendships, and visiting different cities are all benefits of the job. However, work at sea can be physically demanding and dangerous. Good information about the nature of life at sea helps those seeking a career in the industry decide if the maritime field is right for them. Learn about the benefits and trials of living and working on board, and how to thrive as a seafarer.

Subtitles: CHI, ENG, SPA
Item no: DVD0-106
Length: 11 minutes

**Lockout/Tagout: Ensuring a Safe Working Environment**

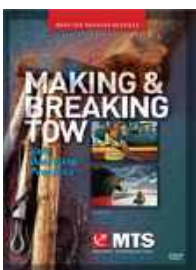
Hazardous energy on a maritime vessel can injure or kill ship personnel. This video, together with your company's lockout/tagout program, will help keep you and your crew safe by showing you how to isolate dangerous energy sources until your work is finished. Learn how to avoid serious accidents by familiarizing your crew with hazardous energy safety procedures.

Subtitles: ENG, FRE, IDN, RUS, SPA
Item no: DVD0-44
Length: 13 minutes

**Machine Tools 101**

Marine workshops use different processes and tools for repair and fabrication. Each of these tools has unique dangers that must be avoided, and every company has a slightly different safety management system. It is up to you to learn the required regulations and personal protective equipment specific to your company before beginning any marine workshop job. Learn about common marine tools, the dangers posed, and best practices for preventing injuries.

Item no: DVD0-100
Length: 6 minutes

**Making and Breaking Tow: Safe Operating Practices**

Making and breaking tow on a seagoing merchant vessel is a precise and dangerous operation that's performed in a constantly changing environment. Being in the wrong place at the wrong time can have instant and serious consequences. Understand and master the required skills to minimize the risks that are inherent in tow jobs.

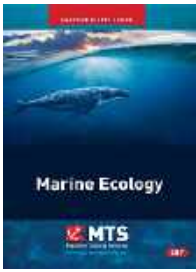
Subtitles: CHI, ENG, SPA
Item no: DVD0-56
Length: 17 minutes

**Man Overboard! Procedures and Precautions**

Going overboard while at sea is one of the greatest dangers in the maritime industry. Identify best practices for preventing man-overboard (MOB) situations and know what to do when one of your shipmates ends up in the water accidentally. Included are 30 test questions approved by the U.S. Coast Guard and three MOB-related checklists.

Subtitles: CHI, ENG, IDN, RUS, SPA
Item no: DVD0-43
Length: 23 minutes

Courses Produced by Maritime Training Services

**Marine Ecology CBT**

Learn about ocean and coastal environments. Considering how much time we spend at sea, it's shocking how little we know about it. This course will provide an introduction to marine environments and the life that inhabits them.

Item no: CBT0-10
Length: 20 minutes

**Maritime Labor Convention: Know Your Rights**

The Maritime Labor Convention (MLC) exists to protect seafarers from abuse, mistreatment, and unjust labor practices. In this video, 100 pages of MLC regulations are condensed into a fast-paced, easy-to-understand summary of the basic concepts of the convention and how to comply with them. It covers everything from wage policies to the lengths of work shifts and rest periods.

Subtitles: CHI, ENG, FRE, PER, RUS, SPA
Item no: DVD0-48
Length: 14 minutes

**Maritime Piece Theater: Basic Safety Awareness**

Inject humor and a unique silent film era style into your shipboard training. This entertaining video presents six safety clips that address basic risk management and personal protective equipment (PPE) issues in a fast-paced, fun-to-watch format.

Subtitles: ENG, SPA
Item no: DVD0-50
Length: 19 minutes

**Maritime Regulations 101**

Obtain a basic overview of key maritime regulations, including SOLAS, STCW, MARPOL, MLC, ISM, and ISPS. In this video, you'll learn why the IMO was created and see a brief overview of the Titanic disaster: the maritime accident that helped influence the creation of SOLAS. This fast-paced program is intended for first year cadets, schools, and shoreside staff new to the maritime industry.

Item no: DVD0-91
Length: 6 minutes

**Maritime Terminology: Pronunciation Builder**

This CBT gives your crew the opportunity to practice their English pronunciation of some of the most common maritime terms and phrases.

Item no: CBT0-21
Length: 30 minutes

**Medical Procedures: The Officers' Shipboard Guide**

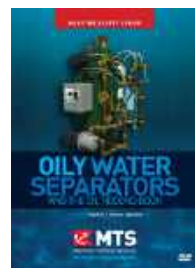
Having a ship's crew that's well trained in basic medical procedures saves lives. This video explains and illustrates the fundamentals of maritime medicine. It covers a broad range of knowledge, from everyday practices to emergency procedures. The information is presented in three main sections: preparation, assessment, and treatment.

Subtitles: CHI, ENG, FRE, JAP, SPA
Item no: DVD0-09
Length: 53 minutes

**Mooring Injury**

This video delves into a real-world incident that resulted from not properly assessing risks in a mooring operation.

Item no: DVD0-142
Length: 4 minutes

**Oily Water Separators and the Oil Record Book**

Millions of gallons of oil end up in our oceans every year. Most spills are due to non-accidental sources like routine maintenance, bilge & tank cleaning, and illegal discharges. Learn about the international regulations governing oily water discharges, how an oily water separator works, and how to use an oil record book.

Subtitles: CHI, ENG, SPA
Item no: DVD0-82
Length: 13 minutes

**Onboard Oil Pollution Response: Be Your Best, Prepare For The Worst**

It's critical that you know how to help prevent oil spills and what steps you and your crew can take to minimize contamination in the event of a spill. Prepare and conduct effective drills and see how to properly respond to an actual spill. Learn how to comply with applicable maritime industry standards and regulations.

Subtitles: ENG, FRE, IDN, SPA
Item no: DVD0-05
Length: 16 minutes

**Orville Hook**

When a tow line parts in rough seas and a barge is set adrift, recovery and making tow again is time-critical. Insurance wires are not always the most reliable form of protection, but towboat captains have a tested method of safely retrieving the barge and getting back underway: the Orville Hook.

Subtitles: ENG
Item no: DVD0-70
Length: 12 minutes

Courses Produced by Maritime Training Services

**Overreliance on ECDIS**

What should have been a routine re-routing becomes an expensive and career-ending error when a crew relying on ECDIS fails to assess the reliability of the ship's electronic nautical charts (ENC), which were based on information from the 1960's. In this video, you'll get to know where the ENC data within ECDIS technology comes from and understand why you still need to assess the reliability of your ship's ENC.

Item no: DVD0-117

Length: 5 minutes

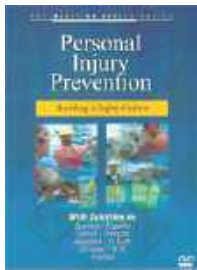
**Performance Appraisals**

Positive feedback and constructive criticism are essential to a seafarer's professional development. Regular performance appraisals that include goal setting promote employee career and personal growth. Learn simple methods for effectively conducting employee performance appraisals. By reviewing examples of best practices, as well as what NOT to do during an appraisal, you help your crew increase the quality of their skills and improve their morale.

Subtitles: CHI, ENG, SPA

Item no: DVD0-92

Length: 18 minutes

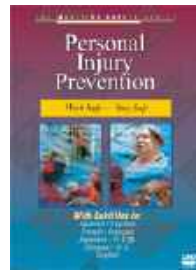
**Personal Injury Prevention: Building a Safety Culture**

Promoting a safe work environment on your ship prevents accidents and injuries, ultimately saving lives and money. This video features the insight and commentary of Richard Bracken, author of "Personal Injury Prevention: A Guide to Good Practice." With an emphasis on the STCW Convention and ISM Code, learn the importance of a safety management system and good maritime housekeeping.

Subtitles: ENG, FRE, SPA

Item no: DVD0-06

Length: 18 minutes

**Personal Injury Prevention: Work Safe, Stay Safe**

Don't let a lack of focus lead to crew injuries on your ship. Develop a shipboard environment in which safety is a constant priority. Featuring the insight and commentary of Richard Bracken, author of "Personal Injury Prevention: A Guide to Good Practice," this video focuses on everyday practices that promote personal safety and injury prevention.

Subtitles: ENG, FRE, SPA

Item no: DVD0-07

Length: 15 minutes

**Personal Protective Equipment**

Wearing your company's Personal Protective Equipment (PPE) is one of the first familiarization topics introduced to seafarers. Many seafarers have escaped serious injury and death thanks to their PPE. In this video, your crew builds awareness of the importance of PPE, understands what types of PPE should be worn and when, and learns valuable best practices.

Subtitles: ENG, IDN, SPA

Item no: DVD0-64

Length: 12 minutes

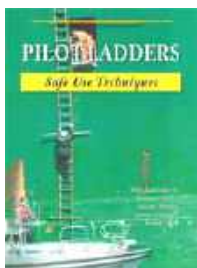
**Pilot Ladders: Safe Rigging Procedures**

Pilots come aboard ships to assist with navigation during critical phases of voyages. It's imperative that crews do everything possible to ensure the safety of all personnel during pilot transfer operations, which always involve risk - even when conditions are favorable. Learn the essentials of performing safe and efficient pilot transfers at sea.

Subtitles: ENG, FRE, SPA

Item no: DVD0-33

Length: 10 minutes

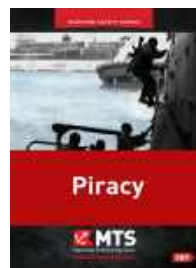
**Pilot Ladders: Safe Use Techniques**

Pilots come aboard ships to assist with navigation during critical phases of voyages. It's imperative that crews do everything possible to ensure the safety of all personnel during pilot transfer operations, which always involve risk - even when conditions are favorable. Learn the essentials of performing safe and efficient pilot transfers at sea.

Subtitles: CHI, ENG, RUS, SPA

Item no: DVD0-34

Length: 7 minutes

**Piracy CBT**

Familiarize yourself with anti-piracy best management practices and understand common passage route threats and the criteria used to determine your vessel's vulnerabilities. In this video, you'll learn how to conduct a risk assessment and identify threats on your passage route.

Item no: CBT0-07

Length: 25 minutes

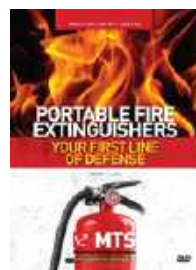
**Piracy: Preparations, Precautions, and Response**

Increased pirate activity on the high seas makes it essential to know what can be done to deter such incidents. This video focuses on the threat of maritime piracy and the actions that a ship's crew should take to reduce the threat of pirate attacks, as well as how to respond appropriately in the event of an attack.

Subtitles: CHI, ENG, KOR, RUS, SPA

Item no: DVD0-35

Length: 11 minutes

**Portable Fire Extinguishers: Your First Line of Defense**

Be ready to put out a fire on your ship. Learn how critical it is to understand the dangers of an on-board fire and how to combat it successfully. See demonstrations of the correct use of fire extinguishers, which are the most effective way to minimize crew injuries and ship damage.

Subtitles: ENG

Item no: DVD0-32

Length: 11 minutes

Courses Produced by Maritime Training Services

**Potable Water CBT**

Safe, drinkable water is one of the most important resources on board a ship. Ensuring your water supply is free of organic contaminants, waterborne pathogens, and inorganic pollutants could be the difference between a safe voyage and a disease outbreak.

In this video, you'll learn how to test, treat, store, distribute, and monitor potable water on your vessel.

Item no: CBT0-16
Length: 30 minutes

**Powered Watertight Door Safety**

Powered Watertight Door Safety teaches your crew the essential information required to safely operate powered watertight doors.

Item no: DVD0-147
Length: 10 minutes

**Promoting Wellness and Preventing Fatigue**

Wellness is more than "not being sick." Wellness is being aware of and making choices toward a healthy lifestyle. In this short video, you'll learn simple tips to combat fatigue and promote wellness in your life.

Item no: OD0-004
Length: 3 minutes

**Proper Lighting**

Providing adequate lighting is one of the easiest ways of preventing accidents, yet it's often ignored or overlooked. Follow the simple steps in this program to reduce injuries and ensure safe and reliable operations on board your vessels.

Item no: OD0-002
Length: 3 minutes

**Reacting to Harassment, Bullying & Discrimination**

This video teaches your crew ways to responsibly handle hostility from coworkers. Watch several scenarios to see how bullying, harassment, and discrimination can interfere with work and make life at sea miserable.

Item no: DVD0-140
Length: 8 minutes

**Resilience CBT**

Inspired by Shell's Maritime Partners in Safety Program, this CBT utilizes core concepts adopted from the United States Marine Corps' Combat and Operational Stress Manual.

In this CBT, you'll learn about the four "zones" of stress and how to build and maintain resilience in a stressful work environment.

Item no: CBT0-08
Length: 20 minutes

**Respiratory Protection**

Learn the dangers of atmospheric hazards and build your understanding of why, when, and how to use respiratory protection in the marine environment. Understand what types of equipment are required for specific jobs and how to keep yourself safe at all times.

Subtitles: CHI, ENG
Item no: DVD0-71
Length: 9 minutes

**Risk Assessment**

Every task we perform, even the most simple job, carries some degree of risk. Risk assessment helps us identify and quantify risk, including the chance of injury, death or loss of property, and helps us establish a plan for corrective action. By utilizing best practices for risk assessment we can greatly reduce the chance of injury or loss of life.

Subtitles: CHI, ENG, SPA
Item no: DVD0-77
Length: 14 minutes

**Safe Hand Washing**

Bacteria spreads quickly on a ship. Keeping your hands clean is one of the most efficient ways to prevent the spread of illnesses. In this program, you'll learn the correct hand-washing techniques as well as when you should wash your hands.

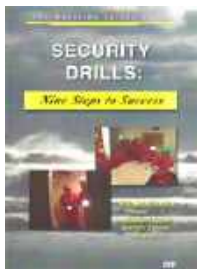
Item no: OD0-006
Length: 3 minutes

**SCBA: Self-Contained Breathing Apparatus**

A Self-Contained Breathing Apparatus (SCBA) could save your life - or someone else's. Proper training follows STCW regulations outlining required competences in firefighting and rescue operations.

Subtitles: CHI, ENG, SPA
Item no: DVD0-66
Length: 12 minutes

Courses Produced by Maritime Training Services

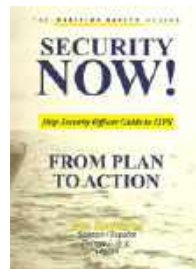
**Security Drills: Nine Steps to Success**

Security drills on ships are a necessary fact of life in the maritime industry. This video shows your Ship Security Officer (SSO) how to design and implement effective security drills. It presents the nine basic steps that must be included in any successful shipboard drill or exercise, and provides several typical drill scenarios for your crew to observe.

Subtitles: CHI, ENG, RUS, SPA

Item no: DVD0-31

Length: 20 minutes

**Security NOW! From Plan to Action**

The security plan for your ship is of little use unless you put it into action. This video shows you how to implement security strategies and practices on your vessel by following specific guidelines. Learn what the U.S. Coast Guard wants to see aboard your ship and what ISPS Code security levels mean for you and your crew.

Subtitles: CHI, ENG, SPA

Item no: DVD0-15

Length: 15 minutes

**Security NOW! The Assessment**

The first phase of shipboard security planning, as defined by the ISPS Code, is the security assessment. Learn what a security assessment is, how to develop one, and how to implement it. These tasks are typically the role of the Ship Security Officer (SSO) on each vessel, who has a number of on-board duties.

Subtitles: CHI, ENG, SPA

Item no: DVD0-12

Length: 10 minutes

**Security NOW! The On-Scene Survey**

An attack on your ship costs money and lives. Learn to minimize the threat of attacks by performing an effective survey of your vessel. Identifying the strengths and vulnerabilities of your vessel improves your ship's risk profile and keeps you one step ahead of would-be intruders.

Subtitles: CHI, ENG, SPA

Item no: DVD0-13

Length: 12 minutes

**Security NOW! The Security Plan**

There's no higher priority for maritime vessels at sea than ship security and crew safety. This video demonstrates how shipboard security is all about managing risks and mitigating threats. You and your crew can make your ship as secure as possible by having a comprehensive and well thought out security plan.

Subtitles: CHI, ENG, SPA

Item no: DVD0-14

Length: 10 minutes

**Security Search Techniques: Accommodation**

Contraband on a ship can be anything from undesirable items to harmful or illegal items. Don't let contraband endanger your crew. See how implementing access control and conducting berthing searches are key steps you can take to help protect crew members. Reduce the chances of problematic items or substances making their way onto your vessel.

Subtitles: CHI, ENG, SPA

Item no: DVD0-21

Length: 10 minutes

**Security Search Techniques: Baggage**

Minimize the chances of contraband ending up on your vessel by making thorough baggage searches a key part of your ship security plan. This video focuses on complying with ISPS Code and MARSEC guidelines while emphasizing courtesy and respecting the rights of those who board your ship.

Subtitles: CHI, ENG, SPA

Item no: DVD0-22

Length: 12 minutes

**Security Search Techniques: Personnel**

Searching everyone who boards your vessel at sea or in port is not easy, but doing so is an important and required component of ship and port security. This video demonstrates the most effective way to accomplish this critical task: with a well-trained crew and well-planned procedures that comply with the ISPS Code and MARSEC guidelines.

Subtitles: CHI, ENG, SPA

Item no: DVD0-23

Length: 10 minutes

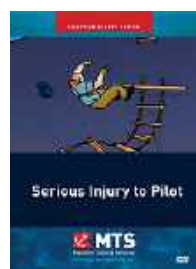
**Security Search Techniques: Ship's Stores**

One of the most vulnerable aspects of your ship's security is the delivery of stores, or supplies, to the ship. Criminals and terrorists often try to exploit this vulnerability to either gain unauthorized access to a vessel or load contraband onto it undetected. This video covers the best methods of screening incoming stores and detecting contraband in deliveries.

Subtitles: CHI, ENG, SPA

Item no: DVD0-24

Length: 12 minutes

**Serious Injury to Pilot**

Serious Injury to Pilot delves into a real-world incident that resulted from a lack of attention to detail. A pilot falls from a ladder due to negligence.

Item no: DVD0-139

Length: 4 minutes

Courses Produced by Maritime Training Services

**Sexual Harassment Prevention**

Sexual harassment claims cost companies millions of dollars and create unsafe and stressful work environments. By conducting annual awareness trainings and implementing clear response procedures, you can create a safe culture for everyone and reduce potential liabilities aboard your ship.

Subtitles: CHI, ENG, FRE, SPA
Item no: DVD0-55
Length: 22 minutes

**Shifting Ro-Ro Cargo in Heavy Weather**

This video delves into a case study of an incident aboard a Ro-Ro carrier, and addresses some seemingly small details that cascaded into large effects. Learn to think critically and reflect on what should be done aboard your own vessel.

Item no: DVD0-131
Length: 3 minutes

**Ship Energy Efficiency Management Plan**

Did you know the world's fleet emits over 1.2 billion metric tons of CO2 every year? To reduce the maritime industry's impact on the environment, a new chapter of MARPOL Annex VI was added. Learn how a Ship Energy Efficiency Management Plan (SEEMP) provides standards and best practices to help shipping companies reduce greenhouse gas emissions, comply with mandatory requirements, and increase energy efficiency.

Subtitles: CHI, ENG, SPA
Item no: DVD0-81
Length: 12 minutes

**Ship Security Officer: Duties and Responsibilities**

Without effective ship security, your vessel is constantly vulnerable to attack. Learn how having a knowledgeable, qualified Ship Security Officer (SSO) aboard minimizes this danger. The SSO has many shipboard responsibilities, but the most important is identifying and responding to any and all threats that jeopardize the safety of the crew and the ship.

Subtitles: CHI, ENG, SPA
Item no: DVD0-17
Length: 14 minutes

**Ship Stability: Basic Concepts**

While computers have made stability calculations easier, it's still important to understand the core concepts behind stability and how to keep your vessel stable, especially when weight is being transferred. Using detailed visuals and animations, this video builds your understanding of ship stability by presenting important concepts, from the basics up to more advanced principles.

Subtitles: CHI, ENG, SPA
Item no: DVD0-114
Length: 8 minutes

**Ship Stability: Terms & Definitions**

While computers have made stability calculations easier, it's still important to understand the core concepts behind stability and how to keep your vessel stable, especially when weight is being transferred. Using detailed visuals and animations, this video builds your understanding of ship stability by presenting important concepts, from the basics up to more advanced principles.

Subtitles: CHI, ENG, SPA
Item no: DVD0-113
Length: 11 minutes

**Shipboard Familiarization**

New personnel are at risk when they are unfamiliar with their surroundings, work practices, and the equipment they are using. STCW requires new crew members to undergo familiarization training before they are allowed to perform their duties on board. In this video, you'll learn why proper shipboard familiarization is vital and review the operating procedures that every new crew member must know.

Subtitles: CHI, ENG, FRE, SPA
Item no: DVD0-86
Length: 11 minutes

**Shipping 101**

Learn the basic parts of a ship, see common ship types, and build a fundamental understanding of the ranks on board a ship. This video also includes an introduction to Maritime Law, with an explanation of basic concepts and a description of territorial waters. This fast-paced program is intended as a primer for first-year maritime academy students and for shoreside staff new to the maritime industry.

Item no: DVD0-88
Length: 11 minutes

**Slips, Trips, and Falls**

Seafarers are particularly vulnerable to dangerous accidents such as slips, trips, and falls that can lead to serious injury and death. Gain a solid understanding of the potential hazards, an appreciation of the need for constant awareness of your surroundings, and a command of basic safety rules that can help prevent accidents.

Subtitles: ENG
Item no: DVD0-60
Length: 15 minutes

**Speaking Up and Approachability**

Looking through case-studies of maritime disasters, you may be surprised to find how often critical problems were noticed but never reported or addressed.

In this video, you'll learn the key reasons seafarers often don't feel comfortable speaking up. Crewmembers and senior leadership alike will learn tips that will help to create an environment where everyone will 'say something' when they 'see something.'

Item no: DVD0-128
Length: 7 minutes

Courses Produced by Maritime Training Services

**STCW Compliance: 2010 Manila Amendments**

Wondering what's new in STCW 2010? Curious about what's changed since the 1995 STCW Convention? Not sure what it's got to do with you? Answer these and other questions about the latest STCW standards and compliance requirements for personnel aboard seagoing merchant ships. A bonus Instructor's Resource CD includes a guide and a text copy of the 2010 STCW Convention.

Subtitles: ENG, FRE, IDN, SPA

Item no: DVD0-03

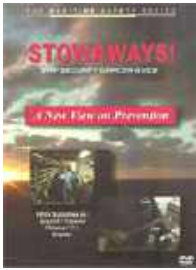
Length: 14 minutes

**Stowaways CBT**

The best defense against stowaways is to prevent them from coming on board in the first place. In this CBT, you'll learn best management practices for prevention and how to respond if you find a stowaway.

Item no: CBT0-06

Length: 20 minutes

**Stowaways! A New View on Prevention**

The problem of stowaways on ships is as old as seafaring itself. This video draws on the expertise of seasoned mariners and industry experts to present practical, easy-to-understand approaches to preventing stowaway situations and dealing with them when they occur. This presentation is designed for use either by the Ship Security Officer (SSO) or for crew security training.

Subtitles: CHI, ENG, SPA

Item no: DVD0-20

Length: 12 minutes

**Time Management**

We all have the same amount of time in a day. It's how we manage it that determines how successful we are in our careers and personal lives.

In this program, learn basic time-management tips such as making prioritized lists, reducing unnecessary activities and battling procrastination.

Item no: DVD0-118

Length: 3 minutes

**Top 10 Safety Tips**

Learn the Top 10 Safety Tips for seafarers. Ideal for new crew orientation or refresher training, this program introduces and explains each safety tip in 60 seconds or less and provides a full recap at the conclusion of the video.

Subtitles: CHI, ENG, IDN

Item no: DVD0-83

Length: 12 minutes

**Top Tips: Cargo Handling**

This fast-paced and fun video uses humor to demonstrate safe cargo handling practices. Review nine critical cargo handling safety tips, the dangers specific to these operations, and the best practices for reducing accidents. Misuse of lifting equipment and unsecured cargo are no laughing matter, but this program tackles serious issues in a way your crew will enjoy.

Subtitles: CHI, ENG, SPA

Item no: DVD0-107

Length: 3 minutes

**Top Tips: Maritime Accident Prevention**

This fast-paced and fun video uses humor to address the types of accidents most common on deck, and how to prevent them. Build awareness for seven types of typical accidents and learn the best practices for reducing your exposure. Slips, trips, and falls and electrical hazards are no laughing matter, but this program tackles serious issues in a way your crew will enjoy.

Subtitles: CHI, ENG, SPA

Item no: DVD0-103

Length: 6 minutes

**Train the Trainer**

The way you communicate your lesson is as important as the subject matter itself. Inadequate training instructors leave students without the safety knowledge necessary to prevent dangerous situations. Learn how simple best practices like actively engaging students, presenting learning goals, and asking the right questions creates a safer work environment for everyone.

Subtitles: CHI, ENG, SPA

Item no: DVD0-108

Length: 9 minutes

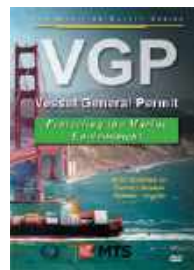
**U.S. Port State Control: Shipshape and Inspection Ready**

Whenever maritime vessels flying foreign flags enter U.S. waters, officers and crew members should be fully aware of the U.S. Port State Control process. Help prepare your vessel's personnel for inspections by the U.S. Coast Guard and immigration and agricultural officials. Produced with the assistance of U.S. Department of Homeland Security.

Subtitles: CHI, ENG, RUS, SPA

Item no: DVD0-02

Length: 20 minutes

**Vessel General Permit 2013: Protecting the Marine Environment**

Before your vessel can leave port, it must be current with Vessel General Permit (VGP) requirements pertaining to protecting the marine environment. This video presents clear and simple steps you can take to achieve compliance. Integrate the inspection, monitoring, and reporting required by VGP into your best practices and existing safety management systems.

Subtitles: ENG, FRE, RUS, SPA

Item no: DVD0-38

Length: 15 minutes

Courses Produced by Maritime Training Services

**Vessel Security Search**

Vessels carrying expensive cargo are prime targets for crime and piracy. On average, there are 200 reported incidents of armed, violent maritime crime each year. Fortunately, with proper training and practice, your crew can prevent these dangerous, costly incidents. Learn how to identify security threats, review the elements of a Ship Security plan, how to perform a full vessel security sweep, and how to find and process stowaways.

Subtitles: CHI, ENG, SPA
Item no: DVD0-102
Length: 12 minutes

**Visual Distress Signals CBT**

In this course, you'll review the usage of different kinds of pyrotechnic and non-pyrotechnic visual distress signals. You'll also cover some of the requirements required by governing agencies.

Item no: CBT0-18
Length: 20 minutes

**Volatile Organic Compounds CBT**

Volatile Organic Compounds (VOCs) are all around us on ships in the form of hydrocarbons in tanks, dioxides and monoxides from engine exhaust, and gasoline blends.

In this CBT, you'll learn the definition and impacts of VOCs, basic control procedures, security measures, and information to include in a VOC Management Plan.

Item no: CBT0-12
Length: 15 minutes

**Watchkeeping**

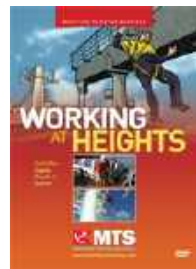
The Officer on Watch (OOW) is the eyes and ears of the ship. Their duties are to maintain the safe navigation of the vessel, ensure compliance with COLREGS, and lead the bridge team. Whether you are at sea, at anchor, or in port, knowing the basics of watchkeeping reduces accidents and improves decision making, especially during complex or dangerous situations.

Item no: DVD0-120
Length: 12 minutes

**WHMIS 2015**

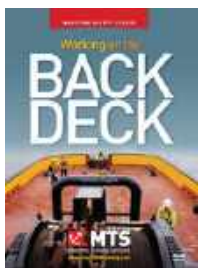
Produced in cooperation with the British Columbia Maritime Employers Association (BCMEA) and Algoma Central Corporation, this training video familiarizes Canadian maritime workers with the basics of WHMIS 2015, including how to protect yourself and your co-workers from hazardous products.

Subtitles: ENG, FRE
Item no: DVD0-79
Length: 17 minutes

**Working at Heights**

On a working ship, even a fall from a low height can be very serious and potentially deadly. Hard metal surfaces and sharp equipment present seafarers with numerous hazards. Learn the necessary preparations and procedures to perform work at heights safely and how to respond appropriately in the event of an accident.

Subtitles: ENG, FRE, SPA
Item no: DVD0-58
Length: 15 minutes

**Working on the Back Deck**

Workboats are dynamic environments; conditions can change in a heartbeat. The back deck is where the action is, and where there's action, there's danger. In this video, you'll learn key best practices and build awareness for staying safe in this dynamic & dangerous environment.

Subtitles: ENG, IDN
Item no: DVD0-76
Length: 18 minutes

**Writing Effective Email**

Over 100 billion emails are sent and received every day. Why don't we consider improving a skill that we use all of the time? In this video, you will learn how to use email effectively, improve your email composition skills, and avoid costly mistakes.

Subtitles: CHI, ENG, SPA
Item no: DVD0-85
Length: 7 minutes